

CHAPTER 7

Lesson 1

- To Take To
- To Get The Hang Of / To Get To Grips With
- To Spot / To Put Someone On The Spot
- To Be In A Rut
- To Run Down
- To Be / Get Run Down / A Run-Down
- To Run Up / The Run-Up
- Guts
- To Know What You Are Letting Yourself In For
- To Undergo
- Surgery

Lesson 2

- Gimmick
- To Come About
- To Make A Meal Of
- To Pop / Drop In
- Shove / To Shove
- To Fool
- To Slag Off
- To Wind Up
- To Overshadow
- To Catch Out

Lesson 3

- To Bring About
- To Be / Get (Things / Something) Under Way
- To Plunge / Take The Plunge
- I / I'll Tell You What!
- To Get Into
- On The Off-Chance
- To Fall For
- To Pull Through
- To Call In
- Highly-Strung

CHAPTER 8

Lesson 1

- Patch / Patchy
- To Patch Up
- To Turn On
- To Put Down / Put Down To
- To Put Down For
- To Be / Come / Get Up To Scratch
- From Scratch
- To Come Off
- To Dither
- Drawback
- Overheads
- To Take It Out On
- To Get One's Own Way

Lesson 2

- To Fall Out With
- To Take It / Everything / Something In One's Stride
- Off The Top Of One's Head
- To Get Round / Get Round To
- To Fork Out
- It's Nothing To Write Home About
- To Make Of
- To Strike Someone That
- In The Pipeline
- To Pave The Way

Lesson 3

- Feasible
- Patronising / To Patronise
- To Put On
- Slump / To Slump
- To Sort Out
- Not To Be Sneezed / Sniffed At
- To Fit In
- To Go To One's Head
- To Stand Out
- To Stand Out Against
- Menial

CHAPTER 9

Lesson 1

- To Get A Move On
- Thick-Skinned
- Blunt
- To Go For / Go In For
- To Have A Lot / Much Going For It, You, Him Etc
- Lethal
- To Get At
- An Eye-Opener
- A Rip-Off / To Rip Off
- A Con / To Con
- A Swindle / To Swindle
- To Do
- To Stand By
- In The Long Run

Lesson 2

- To Entail
- To Get Down To
- To Take Down
- (On The) Spur Of The Moment
- To Drift
- Cutback / To Cut Back
- Borderline
- To Take Everything / What Someone Says With A Pinch Of Salt
- To Wipe Out
- To Fill In

Lesson 3

- One-Off
- To Stand Up / To Stand Up To
- Take-Off / To Take Off
- To Drop Out
- To Steer Clear Of
- Scruffy / Scruff
- To Cotton On
- Relentless
- To Vouch For
- To Pack Up