

CHAPTER 5

Lesson 3

- To Pre-Empt
- Makeshift
- To Build Up / Build-Up
- To Huddle / Huddled
- Cue
- To Cram
- To Be Under No Illusions
- Yob
- To Be Off One's Head / Rocker / Out Of One's Mind
- To Grovel

CHAPTER 6

Lesson 1

- To Take Someone Through Something
- To Shift
- Skirmish
- To Unnerve / Unnerving
- Hype
- To String Someone Along
- Pushover
- To Be Endowed With
- Uproar
- To Undermine

Lesson 2

- To Dumb Down / Dumbing Down
- To Emerge / Emerging
- Disgruntled
- To Grate On Someone
- Blatant
- To Die Down
- To Keep At Bay
- To Brand
- Grounding
- To Unveil

Lesson 3

- A Bitter Pill To Swallow
- Not On
- To Alienate
- Slapdash
- To Make A Comeback
- Slim
- To Pester
- To Amend
- To Go / Buy For A Song
- To Stray

CHAPTER 7

Lesson 1

- Paralytic
- To Curb
- To Beggar Belief / Description
- To Sap
- To Head Off
- To Give Someone A Taste Of Their Own Medicine
- Sceptical
- To Make A Beeline For Something / Someone
- Turmoil
- To Envisage

Lesson 2

- To Whinge
- Bolshy
- A Sucker / Glutton For Punishment
- To Deprive Of / Deprived
- To Be Spoken For
- To Flourish
- Rift
- To Dabble
- A Dark Horse
- To Embark On

Lesson 3

- To Bow To Pressure / Someone's Wishes
- To Scrape The Barrel
- Over One's Head
- To Turn Over A New Leaf
- If You Think ... You've Got Another Think Coming
- To Rub It In
- To Bang One's Head Against A Brick Wall
- To Make A Song And Dance About Something
- To Thrive
- To Cash In On Something

CHAPTER 8

Lesson 1

- To Mingle
- Trait
- To Lift A Finger
- To Be Overwhelmed / Overwhelming
- Plight
- To Be Out Of One's Depth
- Teething Problems
- To Bring On
- To Show Someone The Ropes
- Peckish

Lesson 2

- Grim
- Harrass / Harrassment
- To Bond / A Bond
- To Hold Out (A Lot Of / Much) Hope For Somebody
- Sloppy
- In Hindsight
- To Put Something Behind You
- To Grow On Someone
- To Sponge Off Someone
- Viable

Lesson 3

- To Flaunt
- To Leave A Lot To Be Desired
- On Paper
- To Know / Find Out What Makes Someone Tick
- Broody
- To Be Well Up On / With Something
- Skint / Strapped For Cash
- Plausible
- To Be Chuffed
- To Be Gutted

CHAPTER 9

Lesson 1

- Embroiled
- To Psych Oneself Up For / To Do Something
- Untoward
- To Resent
- To Have A Bee In One's Bonnet About Something
- To Be Doomed
- To Put In A Good Word For Someone
- To Browse
- To Stave Off
- Apathy / Apathetic

Lesson 2

- To Be Flawed / A Flaw
- To Embellish
- To Hamper
- To Linger / Lingering
- Overall
- Outburst
- To Allege / Alleged / Allegedly
- To Be Shattered
- To Deem
- To Blur / Blurred

Lesson 3

- To Console / Consolation
- Gut Reaction
- Blip
- Banter
- To Ad-Lib / Ad-Libbed
- Hopeful
- To Tar People With The Same Brush
- To Be Prone To
- To Endear Oneself To Someone / Endearing
- Not To Have A Leg To Stand On